



Southern Counties' Hockey Association

Performance Centre Handbook



7.9 BOURNEMOUTH HC

Venue

Chapel Gate
East Parley
Christchurch
BH23 6BL

Public Transport

Christchurch station is 5.3 miles away and Bournemouth 7.3 miles away. the B1 runs hourly (xx.05) from Bournemouth Station to Chapel Gate and takes about 35 minutes.

Emergency First Aid

A&E: Royal Bournemouth Hospital, Castle Lane East, Bournemouth, BH7 7DW (5.2 miles, 13 min) 01202 303626

- 0.2 miles: head out of club and turn right on to Chapel Gate
- 0.1 miles: roundabout exit 1 on to Parley Lane B3073
- 1.9 miles: roundabout exit 2, continue on B3073 (Christchurch Road)
- 0.9 miles: turn left to stay on B3073 and head to A338 to Bournemouth
- 0.2 miles: turn left on to Castle Lane East (A3060) towards Wimbourne
- 0.2 miles: turn left on to A3060 Castle Lane East

A&E: Poole Hospital, Longfleet Road, Poole, BH15 2JB (8.3 miles, 25 min) 01202 665511

- 0.2 miles: head out of club and turn right on to Chapel Gate
- 0.1 miles: roundabout exit 2 on to Parley Lane B3073
- 2.1 miles: roundabout exit 1, join A348 (Ringwood Road)
- 2.2 miles: roundabout exit 2 stay on A348 (Ringwood Road)
- 0.5 miles: Mountbatten Roundabout exit 2 on to A3049 (Ringwood Road)
- 0.3 miles: Alderney Roundabout exit 1 on to B3068 (Ringwood Road) and pass over two roundabouts
- 0.8 miles: roundabout exit 2 on to B3068 (Ringwood Road)
- 1.5 miles: roundabout exit 3 stay on B3068 (Ringwood Road)
- 0.5 miles: turn left to hospital

Catering

Tea, coffee and a bar are available.