



# Southern Counties' Hockey Association

## Performance Centre Handbook



## 5 PLAYER CODE OF CONTACT

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All players are required to adhere to the following Code of Conduct.

Respect for the game - all players to participate in hockey with a positive attitude and with the right spirit:

- Be on time for training
- Give maximum effort and strive for the best possible performance
- Always thank your opposition, coaches, umpires and officials after every game or training session
- Accept success and failure, with pride, a positive attitude and set a positive example to others

Respect for others - Everyone involved should be valued whether they are a player, official, umpire, coach, opponent or spectator

- Respect the decisions of umpires and officials
- Protect others involved in the game from verbal or physical abuse and from other forms of threatening or intimidating behaviour such as bullying
- Leave all rooms clean and tidy and all playing areas free from litter always.

Self-respect - Young People should take responsibility for their actions on and off the pitch:

- Do not smoke, drink alcohol or take drugs of any kind (other than prescription)
- Never use inappropriate language, signs or gestures
- Wear suitable clothing for the activity in which you are taking part
- Respect the facilities where you play and the equipment that you use
- Tell someone you trust if the behaviour of other makes you feel uncomfortable in any way
- Do not engage in sexual behaviour
- Do not leave the site for any reason unless you are accompanied by a member of staff