



# Southern Counties' Hockey Association

## Performance Centre Handbook



### 7.7 PURLEY WALCOUNTIAN HC

#### Venue

Carshalton Road  
Woodmansterne  
SM7 3HU

#### Public Transport

The 166 bus between Croydon, Purley Coulsdon and Banstead stops outside the ground, every 20 minutes weekdays, every 30 Sundays.

#### Emergency First Aid

A&E: St Helier Hospital, Wrythe Lane, Carshalton, SM5 1AA (3.6 miles) 020 8296 2000

- turn right out of club
- 0.4 miles: at the roundabout second exit (turn right)
- 0.0 miles: at the roundabout take the first exit on to B278 Woodmansterne Road
- 2.1 miles: straight over at lights on to A232 (Croydon/Hackbridge)
- 0.2 miles: first exit at roundabout on to B278 (Rose Hill/Morden)
- 1.4 miles: hospital is on the left

A&E: Epsom Hospital, Dorking Road, Epsom, KT18 7EG (6.7 miles) 01372 735735

- turn right out of club
- 0.4 miles: at the roundabout first exit
- 3.1 miles: straight over at lights on to B291 (Tadworth/Epsom Downs)
- 0.7 miles: third exit at roundabout on to Grandstand Road
- 0.6 miles: third exit at roundabout on to B290 Ashley Road and straight over next roundabout
- 1.2 miles: first exit at roundabout on to Worple Road
- 0.1 miles: left turn on to Avenue Road, then a left turn on to Woodcote Road
- 0.4 miles: turn right on to Dorking Road

A&E: Croydon University Hospital: 530 London Road, Thornton Heath, CR7 7YE (6.6 miles)

- turn right out of club
- 0.4 miles: at the roundabout second exit (turn right) continue over next roundabout
- 0.5 miles: bear left on to Woodmansterne Lane
- 0.9 miles: straight over at roundabout
- 0.1 miles: turn left on to Sandy Lane South
- 0.6 miles: bear left to stay on Sandy Lane South
- 0.2 miles turn right at lights on to B271 Stafford Road
- 0.3 miles: turn left at lights on to B272 Plough Lane
- 0.6 miles: turn right on to A232 towards Croydon
- 0.6 miles: turn left on to A23 Purley Way



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- 1.5 miles: exit 3 at Thornton Heath Pond on to A23 to Croydon
- 0.2 miles turn left on to Kingswood Avenue, then right on to Queenswood Avenue

Minor Injuries: Purley Memorial Hospital, 856 Brighton Road, Purley, CR8 2YL (3.1 miles)

- closes 20:00
- turn right out of club
- 0.4 miles: at the roundabout second exit (turn right) continue over next two roundabouts
- 2.4 miles: at lights take middle lane
- 0.1 miles: at lights take lane 3 of 4 on to Pampisford Road
- 0.2 miles: turn right on to Christchurch Road
- 0.1 miles: turn right on to A23 Brighton Road
- 0.2 miles: hospital is on the right

### Catering

There bar is likely to be open for all or part of these sessions, more likely from 13:00. There are a number of garages for coffee along the A217 or coffee shops in Banstead High Street if you want to take it at leisure.