

**Southern Counties HA  
Performance Centres  
Session Times 2017-18**

Performance Centre Schedule

This schedule covers the six performance centres run by Southern Counties' HA for 2017-18. Please check the exceptions list at the end of the document.

**2017/18 Cycle Dates**

Monday Evenings	Boys	02 Oct	16 Oct	06 Nov	27 Nov	11 Dec
		08 Jan	22 Jan	05 Feb	26 Feb	19 Mar
	Girls	09 Oct	30 Oct	20 Nov	04 Dec	18 Dec
		15 Jan	29 Jan	19 Feb	12 Mar	26 Mar
All-day Training	All	24 Sep	28 Apr	26 May	16 Jun	07 Jul
Match Practice	All	04 Mar				
Cluster Competition	All	14 Apr	01 Jul	08 Jul		
U15 Selection Day	**	10 Jun				
Futures' Cup	##	19 Aug	22 to 25	Aug		

\*\* players eligible for the U15 in 2018-19 (ie currently U14) are expected to attend this session.

## Futures' Cup is by selection only.

some of the weekend dates are Saturdays

Mondays

Monday evenings are:

- 18:30-20:30 at Southampton
- 19:00-21:00 elsewhere

there is no access to the Weybridge site before 18:30.

They will be at your base location unless specified.

Weekend Training

Weekend training sessions are at your base location except where specified, and will be:

	<u>Boys</u>	<u>Girls</u>
24 Sep	10:00-16:00	12:00-18:00
28 Apr	12:00-18:00	10:00-16:00
26 May	10:00-16:00	12:00-18:00
16 Jun	12:00-18:00	10:00-16:00
07 Jul	10:00-16:00	12:00-18:00

Some of these may get switched to match practice sessions, in which case the arrangements for those sessions may apply.

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Match Practice

At these sessions two neighbouring centres will come together. It will involve all players at the centre.

10:00-16:00 U15

12:00-18:00 U17

	<u>04 March</u>			
Caterham	Boys: Cat & Ton			
Guildford	Girls: Gui & Wey			
Reading	Girls: Rea & Sou			
Southampton	Boys: Rea & Sou			
Tonbridge	Girls: Cat & Ton			
Weybridge	Boys: Gui & Wey			

Cluster Competition

The venues for these events have not yet been released. Venues are expected to be similar to last year:

<u>Cluster</u>	<u>Centres</u>	<u>Expected Venues</u>
Leopards	Haslemere & Southampton	Bath and Bristol
Lynx	Reading & Weybridge	Oxford and Warwick
Tigers	Caterham & Tonbridge	Northwood and St Alban's, maybe Tonbridge

U15 Selection

These sessions will be for those hoping to be invited to the U15 Squad at 2018-19 Performance Centres. It only applies to current U14s (born 2004). These players are expected to attend.

It is expected that there will be two or three of these in the South.

**Exceptions**

<u>Date</u>	<u>Centre</u>	<u>Venue</u>
24 Sep	Reading	The Abbey, 17 Kendrick Road, Reading RG1 5DZ
07 Jul	Caterham	tba